

Boulder Quest Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Time	Saturday
1:00 PM			Earth, Water, Fire, Wind, Void & Black Adult Only 1:00-2:00	Private Lessons By Appointment	10:00 AM	Mighty Dragons
1:15 PM					10:15 AM	10:00-10:30 am
1:30 PM			Open Mat 2:00 - Adult Only 2:30 pm		10:30 AM	Dragon Warriors
1:45 PM					10:45 AM	10:30-11:00 am
2:00 PM					11:00 AM	Earth (Level 1)
2:15 PM					11:15 AM	White/Yellow
2:30 PM					11:30 AM	11:00-11:45 am
2:45 PM					11:45 AM	Cardio Sword
3:00 PM					12:00 PM	11:45 am-
3:15 PM					12:15 PM	12:30 pm
3:30 PM	Mighty Dragons		Mighty Dragons		12:30 PM	Water & Fire
3:45 PM	3:30-4:00 pm	Mighty Dragons	3:30-4:00 pm	Mighty Dragons	12:45 PM	Blue/Red
4:00 PM	Earth (Level 1)	3:45-4:15 pm	Earth (Level 1)	3:45-4:15 pm	1:00 PM	12:30-1:15 pm
4:15 PM	White/Yellow	Dragon Warriors	White/Yellow	Dragon Warriors	1:15 PM	Wind, Void & Black
4:30 PM	4:00-4:45 pm	4:15-4:45 pm	4:00-4:45 pm	4:15-4:45 pm	1:30 PM	1:15-2:00 pm
4:45 PM	Water & Fire	Earth, Water, Fire, Wind, Void & Black	Water & Fire	Youth BBC	1:45 PM	
5:00 PM	Blue/Red	Youth Only 4:45-5:30	Blue/Red	4:45-5:15 pm	2:00 PM	Ninja Mind
5:15 PM	4:45-5:30 pm		4:45-5:30 pm	Black Belt	2:15 PM	2:00-2:45 pm
5:30 PM	Wind & Void	Drills & Skills 5:30 - 6:00 pm	Wind & Void	5:15-6:00 pm	2:30 PM	
5:45 PM	Green/Brown		Green/Brown		2:45 PM	
6:00 PM	5:30-6:15 pm	Tribal Bellydance 1	5:30-6:15 pm	Water & Fire		
6:15 PM	Cardio	6:00-6:45 pm	Ninja Weapons	Blue/Red		
6:30 PM	6:15-7:00 pm	Tribal Bellydance 2	6:15-7:00 pm	6:00-6:45 pm		
6:45 PM	Earth (Level 1)	6:45-7:30 pm	Private Lessons or Special Workshops 7:00-8:30 pm	Wind & Void		
7:00 PM	White/Yellow	Water, Fire, Wind, Void & Black		Green/Brown	6:45-7:30 pm	
7:15 PM	7:00-7:45 pm	Adult Only 7:30-8:15		Earth - Adult only		
7:30 PM	Ninja Secrets			White/Yellow		
7:45 PM	7:45-8:30 pm			7:30-8:15 pm		
8:00 PM						
8:15 PM						
8:30 PM						

Starts June 1st, 2010



Unleash Your Potential!

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