

# Graduation Preparation

What is your name? \_\_\_\_\_

What Belt Are You Testing For: \_\_\_\_\_

Belt tests are milestones in your growth on the To-Shin path. Consider...

**1. When doing your ninja moves, what kind of ninja are you? (Pick one)**

- Power ninja: My whole heart and spirit goes into every move
- Smart ninja: I know exactly what I'm doing and why I'm doing it
- Artist ninja: My moves tell who I am, and my voice is loud and clear
- Magic ninja: I make it all look easy
- Super ninja: I just rock all around, all the time

**2. How do you prepare for your ninja training? (Pick many)**

- I make sure I'm awake and energized, ready to train!
- I organize my ninja gear and ensure I have everything I need
- I think about what I want out of training and get my questions ready
- I study the books and review my moves so I'll be ready to perform
- I leave for class with plenty of travel time so I can transition well

**3. What are your benefits during this belt of ninja training? (Pick many)**

- My body is healthier and I can use it more easily
- I've learned helpful insights about how the world works
- I feel supported by a group of ninja friends who care about me
- I can do things that I never imagined were possible!
- I see things differently now, from the point of view of a ninja

**4. Have you read the books for your level?**

- Yes, totally! They enhance my experience.
- No, but I have a plan to.
- No, I'm a kid so it's not required.

**5. How shall we deal with the belt fee (\$35)**

- Please charge it to my credit card on file
- I'll pay for it when I return this form
- We have a special arrangement (BBC, scholarship, PIF, etc)

Your signature seals the deal: \_\_\_\_\_

What date is it today? \_\_\_\_\_ What date are you testing? \_\_\_\_\_

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## *Extra Credit*

For extra credit, tell us about a book you read, a movie you saw, or an experience you had that relates to your To-Shin Do training. What was it? What did it mean to you? You can write an essay, compose a poem, or even draw a picture to share with us how your training is reflected outside of the dojo.

*Check this box if we have your permission to share your story or picture!*

